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# EveryGirl's Guide To Roller Derby: A Navigational Guide Through The World Of Roller Derby



## Synopsis

EveryGirl's Guide to Roller Derby is a pithy guidebook about the culture of roller derby, which is meant to celebrate the resurgence of the sport of roller derby, an era when thousands of women united to recreate a sport. Roller derby encompasses third-wave feminism – a movement that celebrates the uniqueness of women, but is not embraced in American society and the sport's rapid growth is a sign that women all over the world in search of "something" have found it in roller derby. Pairing a no-nonsense tone and the culture of roller derby as the only subject matter, this guidebook aims to use humor as a means to tackle serious female issues. These include: body image consciousness, lack of confidence, miscommunication and fatalism. It pokes fun at traditional ways of viewing womanhood in attempt to make the reader hold a mirror to herself and laugh, rather than despair.

## Book Information

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## Customer Reviews

Punchy O'Guts, also known as Amy Martin, is a writer, a mother, and a rollergirl. She has more than five years experience as a competitive skater, more than seven as a writer, and more than fourteen as a mother. Punchy joined Maine Roller Derby six months after it was founded in March of 2006. One of the league's pioneers, she skated competitively on the WFTDA-sanctioned all-star team The Port Authorities, and has worked just about every position imaginable: bout production, marketing, interleague liaison, sponsorship, webmaster, WFTDA rep, and a member of the board of directors. Punchy skated for the all-star team since its inception in 2008 and proudly served as a team captain. Her absolute most beloved job, however, was serving as the training coordinator in

which she believed in creating a culture of learning and positivity. "When skaters are excited to learn and feel good about themselves, an atmosphere of inspiration erupts, and we all go home with our hearts exploding with derby love." Punchy earned a Bachelor's degree in Liberal Arts at Penn State University and an MFA in Creative Writing at Stonecoast. She grew up in southwestern Pennsylvania and moved to Portland, Maine in 2004 to pursue a career in journalism. Punchy wrote as a professional journalist for more than five years for the Portland Phoenix, Face Magazine, Maine Switch, Portland Press Herald and Maine Today. She specialized in writing about local entertainment (music and theater). She left journalism to pursue a writing career that allowed her the freedom to write without limitation.

I really enjoyed reading this book. I'm glad I didn't let the negative comments take away from the good. The language in the book made me think of quite a few girls I know so I wasn't bothered. I definitely wish it was longer, but mostly because I was sad when I finished. It touches on key points and is exactly what it says it is, a guide not a step by step process. Already put in an order for the fresh meat book :)

Helpful!

This is -the- reference to derby that should be in every girls skate bag. As "fresh meat" it will allow you to safely and efficiently navigate your first few practices without being killed and eaten by the other players. If you've played derby before you will appreciate Punchy's hilarious take on the game, the players, and the culture that makes Roller Derby such a great, fast moving, and fast growing sport.

This book is a great overview!!! I like the way that humor is used to illustrate some of the points

Was funny except for the excessive rape jokes. Expected more than that.

I'm in a very rural area and we are trying to start a roller Derby league. I loved reading this book, and have learned so much from it already. :)

I really had fun reading this book, it was easy to read and had a lot of really good information. I really enjoyed it.

Good book

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